

CONNECTPlus

An employer's guide



What's inside

- 4 Welcome to CONNECTPlus
- 5 Who can access CONNECTPlus
- 6 CONNECTPlus Features
- 8 How employees can access CONNECTPlus
- 10 Further support for employee wellbeing



Welcome to CONNECTPlus

Digital healthcare support on-demand, for better workplace wellbeing.

Our suite of wellbeing products and services are designed to help your employees manage, maintain, and meet their health and wellbeing goals. Our added-value services allow you to support a healthy and productive workforce with simple and accessible wellbeing tools, as well as practical, social, and financial support when their health is impacted.

CONNECTPlus provided by HCI Digital is a downloadable app that is designed to empower employees to self-manage the impact of living with one or more specific long-term health conditions.

These conditions are:

The app conveniently provides interactive access to clinically assured information, all in one place. CONNECTPlus is designed to help employees and their immediate families take control of their own conditions and manage their own health and wellbeing. It can also support line managers and HR to better understand an employee's situation and the support they might need.

With CONNECTPlus added to our wellbeing suite for Group Income Protection at no extra cost, your employees we're covering and their immediate family as well as your line managers and HR teams, can access high quality physical and mental healthcare content, on demand.



Cancer



Stroke



Multiple Sclerosis (MS)



Type 2 Diabetes



Long Covid

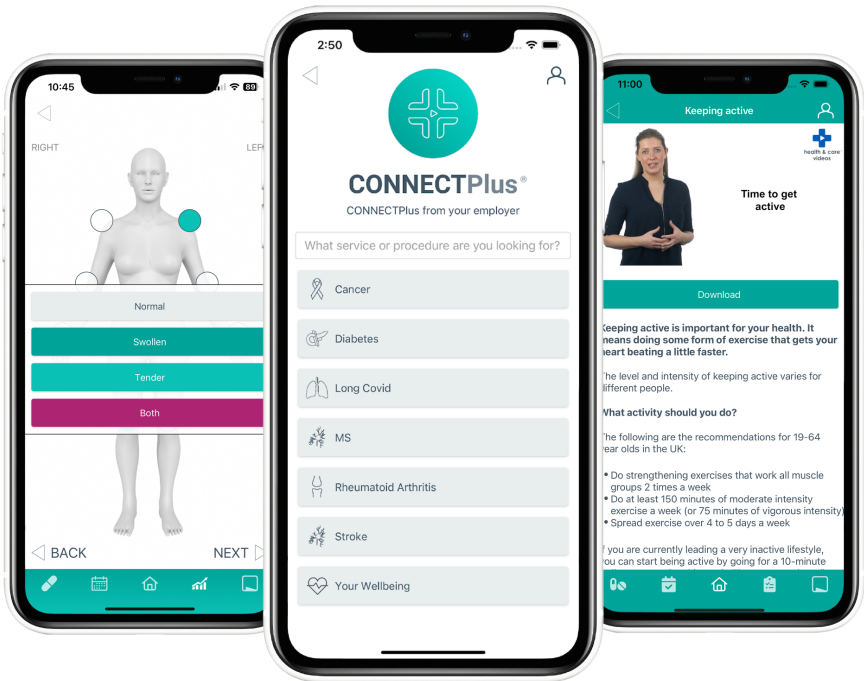


Rheumatoid Arthritis



Your wellbeing

CONNECTPlus also provides tools and resources for employees to help manage their general health, not just the listed specified long-term conditions.



Who can access CONNECTPlus

Available to all employees we're covering, their immediate family and line managers.

To access the app, employees will need to scan the QR code



CONNECTPlus

Features

CONNECTPlus has been created with the help of NHS clinicians and patients to help employees access a wide range of resources and tools. It also provides health trackers and scores to monitor pain or symptoms, enabling patient initiated follow-ups; condition specific patient information videos, articles and blogs; medication management support; also a diary to help with dosage information and reminders, plus hospital or GP appointment information and reminders. For employees to manage non-specified conditions, the app includes general health and wellbeing content to help them maintain a healthy lifestyle.

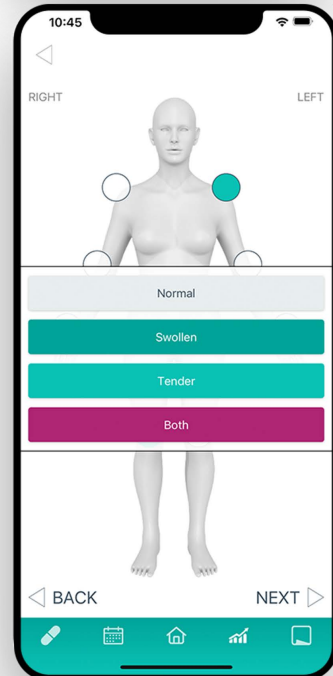
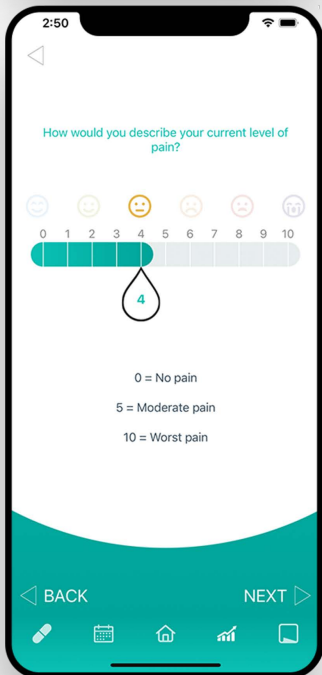
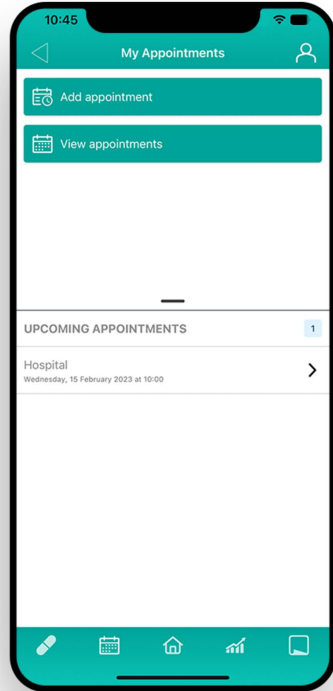
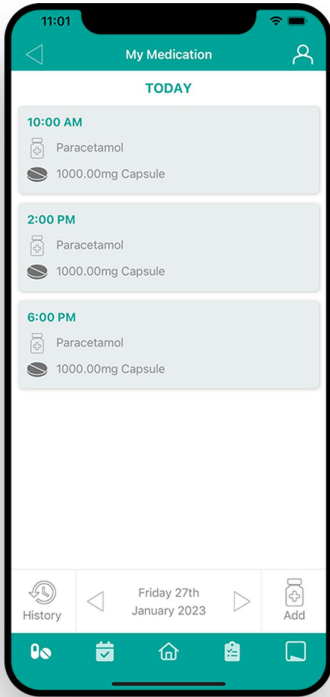
Benefits of CONNECTPlus

- Easy access to a range of clinically approved information helps employees feel knowledgeable about their condition.
- Educational content can support line managers/HR staff in managing an employee following diagnosis
- Employees can find answers to questions about their condition, reducing the need for unnecessary phone calls to health departments and hospital appointments.
- CONNECTPlus can help employees monitor their own health progression and track their symptoms.
- Designed to support employees who are waiting for appointments, with advice on how to self-manage their condition.
- Employees may gain a sense of support and confidence for managing their condition at home.
- Notifications for when to take medications or upcoming appointments mean employees have constant support to hand.

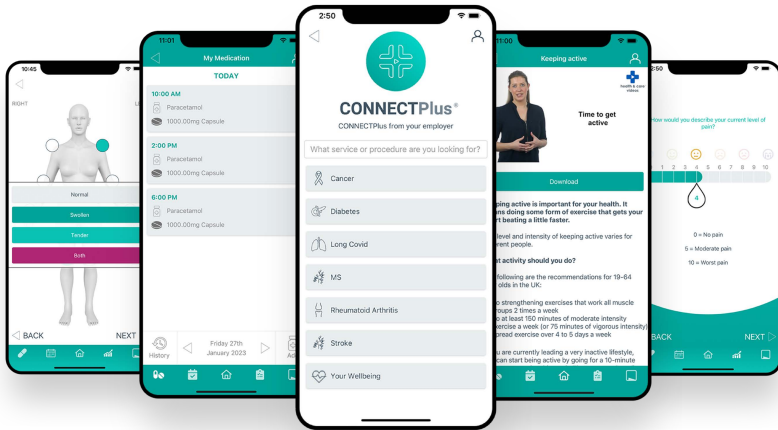
Good to know:



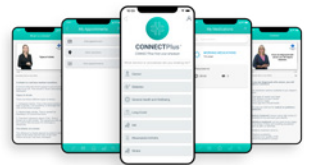
- Any details entered into CONNECTPlus are always kept confidential and can only be accessed by the individual.
- No personal or medical information is shared with Legal & General
- Employee NHS records are not incorporated into CONNECTPlus



How employees can access CONNECTPlus



Help your employees get started with CONNECTPlus in just a couple of easy steps:



1. Scan this QR code:



2. Download the CONNECTPlus app from the Apple App or Google Play store.

3. Open and use the app.

Once downloaded they will be directed to "CONNECTPlus from your Employer".



Further support for employee wellbeing

Our Group Income Protection is more than just a financial payout. It comes with its own range of essential wellbeing support services, included at no additional cost, so businesses can rest assured their employees can **Be Well. Get Better. Be Supported.** both today and tomorrow.



These Be Well. Get Better. Be Supported. wellbeing services are mainly pre-claim services. The Get Better Physiotherapy and Long Covid services are post-claim services. The Be Supported financial support and return to work support services, are post-claim as well. There are also post-claim care pathways to help with long-term conditions.



Be Well

Employee Assistance Programme

Gives employees access to a range of services including a confidential helpline, Cognitive Behavioural Therapy and a management coaching service. Part of our Virtual Clinic with some services accessed through the My Healthy Advantage app provided by Health Assured.

Be Well helpline

Line managers and HR can call for guidance about employees who need support with anything from stress to Covid-19.

Later life care

Our Care Concierge service supports employees to understand the care options available for themselves or their elderly relatives.



Get Better

Virtual GP

Employees can make video or phone consultations that can last up to 30 minutes for prescriptions, sick notes and private referrals. Part of our Virtual Clinic through the Health365 app provided by Teladoc Health.

Mental health support

Targeted single session therapy for employees and their family. Also includes child mental health support. Longer-term treatment plans are available. Part of our Virtual Clinic through the Health365 app provided by Teladoc Health.

Long Covid support

There to help employees manage symptoms and return to good health.

Second Medical Opinion

A global network of medical specialists can give employees a second opinion and advice on their diagnosis and treatment.

Medical Concierge

Gives employees professional help to find the right private treatment from a global network of specialists.

Nurse Support Service

For employees who have received a referral from a GP to a clinical specialist, provides a virtual service offering practical, emotional support from an experienced and fully qualified nurse.



Be Supported

Prompt financial support

Once confirmed, we'll pay the claim promptly for employers to pass onto payroll.

Return to work help

We'll create a plan, where suitable, to help employees back to work.

Find out more

For more information about CONNECTPlus, please get in touch with your usual Legal & General contact, employee benefits adviser or financial adviser.

CONNECTPlus is a non-contractual benefit that Legal & General can withdraw at any time.

To access the app employees will need to scan the QR code below.

