The right support, at the right time



Be Well.

We believe that 'good work' is beneficial for health and that's why we provide comprehensive support to help employees to 'Be Well' and remain healthy and, where possible, stay in work.

Employees using our Employee Assistance Programme (EAP) have provided their employers with a:



26% reduction 데이어 in presenteeism



absenteeism and workplace distress

Employees benefited from:







Through our Virtual GP service:



35% of users saw a faster return to work using the service.

63% of users avoided taking time off work.



19% would have waited for their condition to worsen, if they didn't have the service

Our 'Be Well. Get Better. Be Supported.' framework provides a comprehensive health and wellbeing support package for both the everyday and the moments that matter the most. Helping employers and their employees through whatever life can bring.

Get Better.

With our Group Income Protection, when illness or injury strikes our team work hard to deliver tailored, individual care to employees from the start, where appropriate, giving them the opportunity to return to work sooner.

In 2024, our active intervention enabled:

658 Employees to return to work within the deferred period



378 further employees were able to return to work following a period of benefits and with the help of our active intervention



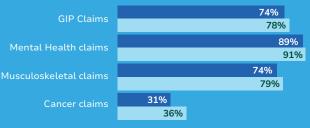


81% of employees on the cancer survivorship return-to-work programme had

Delivering positive outcomes

Group Income Protection (GIP) claims (% of employees able to return to work)

Before the end of the deferred period Within the first year of absence



Be Supported.

When the unexpected happens, we're here to ensure that employees and their families are financially taken care of. Where possible, we provide fast claims payments to ensure there's one less thing to worry about.

Claims payments, when it's needed most:

Group Life



Total paid £232.3m

- Top 4 claims paid:
- 1. Cancer
- 2. Heart disease
- 3. Neurological
- 4. Respiratory
- Average claim paid: £180.835

Group Income Protection



Total paid £87.0m Top 4 claims paid: 1. Cancer 2. Mental Health 3. Neurological 4. Musculoskeletal Average claim paid: £24,544

Group Critical Illness



