

Wellbeing, unlocked. All our services on One App.



Introducing Spark – your new digital home for health and wellbeing.

- 24/7 in the moment support for you and your family
- Virtual GP and online physio
- Children's mental health support
- Digital gym, nutrition advice
- Long term condition support
- Cancer risk assessment



Spark

One App. Every Service.
Employee wellbeing in one place.