Legal and Financial Helpline

Our Employee Assistance Programme helpline is not just for difficult moments. It can help with everyday concerns with practical information on legal or financial issues.

If you have a question on a legal or financial issue you can call the Legal and Financial Helpline. The helpline is open Monday to Friday, 9am to 5pm. Calls are answered by the Spectrum.Life in-house team and then passed to the relevant legal or financial adviser. A trained professional will call you back within two working days.

Legal Support

You will be called back by a solicitor who can provide information to help with a wide range of issues including:

- Family law matters
- Buying or selling a property
- Power of attorney
- Probate law
- Personal injury claims (including road traffic accidents)
- Consumer law

However, employment law information isn't provided. You would have to seek independent advice for this.

Financial Support

Qualified financial advisers can provide information to help you with a wide range of financial issues including:

- Household budgeting and working towards financial budgets
- Borrowing
- Debt management
- Saving and investing
- Retirement planning

Find out more

You can access the legal and financial helpline by calling **0800 316 9337** and selecting option 2. Please note this helpline is only available to you. It is not available to your immediate family and calls are restricted to one call per issue within a 12 month period. This service is provided by Spectrum.Life.



Alternative formats

If you would like this translated or have a copy in an alternative format such as large print, braille or audio please email us or call us on 0345 026 0094. Lines are open from 9am to 5pm, Monday to Friday. We may record and monitor calls. Call charges will vary. GPASD0039 03/26